

Table 1.
Diagnostic criteria defining ME, CFS, and SEID.

	ME (Ramsay) [1]	CFS (Fukuda) [2]	SEID (IOM/NAM) [3]
Name and definition	1957–1990	1994 (1988)	2015
Onset	Illness commonly initiated by respiratory and/or gastrointestinal infection, but an insidious or more dramatic onset following neurological, cardiac, or endocrine disability occurs.	Unspecified	Unspecified
Definition (distinctive symptoms)	<ul style="list-style-type: none"> • Muscular symptoms, including prolonged postexertional muscle weakness (mandatory), myalgia, and muscle tenderness (often). • Neurological symptoms, including cognitive impairment, day–night reversal, sensory dysfunction, and emotional lability. 	<ul style="list-style-type: none"> • Chronic fatigue (mandatory) <p>and at least four of the following eight symptoms:</p> <ul style="list-style-type: none"> • Substantial impairment in short-term memory or concentration, • sore throat, tender lymph nodes, • muscle pain, • multijoint pain, • headaches (of a new type, pattern, or severity), • unrefreshing sleep, and • postexertional “malaise”. 	<ul style="list-style-type: none"> • Chronic fatigue (not lifelong, not due to ongoing excessive exertion, and not alleviated by rest), • postexertional “malaise”, • unrefreshing sleep, <p>and</p> <ul style="list-style-type: none"> • cognitive impairment <p>and/or</p> <ul style="list-style-type: none"> • orthostatic intolerance.
Other common symptoms	<ul style="list-style-type: none"> • Cardiovascular impairment, and • Autonomic dysfunction 		